Worksheet 2: Things change in our family when someone dies

Ellie, Ben and Alex were all very sad after their mum died. They realised that things would never be the same in their house.





As the youngest in the family, Ellie found it hard to understand that when someone dies, they cannot come back home. They are not alive anymore.

Ellie wanted her mummy to come home, but she knew she couldn't. Ben didn't know how to explain how he felt. Alex spent a lot of time alone in her room. They all missed Mum a lot.





Auntie V or Daddy read Ellie her bedtime stories now, as Mummy used to do that. Ben missed going for dog walks with his mum. Alex had to look after her younger brother and sister more now.

Things felt strange, as lots had changed.

How did your life change after someone in your family died?