

# Worksheet 4:

## Going back to school after someone has died



After her mummy died, Ellie was looking forward to going back to school. She wanted to share her news with her friends. Not everyone feels like this. Ben wasn't keen to return, as he thought people would be looking at him.

The adults in school wanted to help both Ellie and Ben. They knew that Mum had died, and so the children might need some extra help.



Ellie talked to her friends and told them what was happening in her family. Ben didn't really want to talk to anyone about his mum.

Both Ellie and Ben spent time with their friends and that helped a lot.

How could the adults in your school help you?

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Who could you speak to if you needed some extra help?

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